

Exodus

Journey To Freedom

Introduction

Where do we find true rest?

Sermon Outline

- **The Fourth Commandment**

- **Past**

- The Sabbath was a _____ observance. (Exod. 20:8a,10a)
 - The Sabbath was a holy day—a day belonging to the LORD. (Exod. 20:8, 10a, 11b)
 - The Sabbath was a day to _____ from one's usual labors. (Exod. 20:9-10a)
 - The Sabbath was a day of refreshment for the entire community. (Exod. 20:10b, 23:12)
 - The Sabbath was pictured in the _____ account. (Exod. 20:11)
 - The Sabbath was a redemptive and covenant sign. (Deut. 5:12-15; Exod. 31:12-17)
 - The Sabbath was morally _____ for Israelites. (Exod. 31:14-15)
 - The Sabbath was a _____ and not intended to be a burden. (Mark 2:27; Exod. 16:29)

- **Present**

- The Sabbath is not morally binding for _____. (Col. 2:16)
 - The Sabbath is a “shadow” fulfilled in the substance, that is, Christ. (Col. 2:17)
 - The Sabbath is not the Lord's Day, that is, Sunday. (Matt. 28:1; Acts 20:7; Rev. 1:10)
 - The Sabbath observance is an issue of personal _____. (Rom. 14:1-13)

- **Future**

- The Sabbath will be consummated in the _____. (Heb. 4:9-11)
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Big Idea

Christ fulfills the Sabbath. Thus, believers already rest from their striving in Christ and look forward to the consummation of Sabbath rest yet to come.

Next Steps

- Will you come to Jesus and find rest for your soul?
- Will you analyze the rhythms and routines of your life and determine if more rest or more labor would be wise?
- Will you pray for strength to persevere in faith and obedience so that you may enter the future Sabbath rest which awaits believers?