



Exodus 16:1-36

# RECEIVING OUR DAILY BREAD

*Every morning there was sufficient quantity for every man, according to his eating for that day. There was no more and there was never any less, so carefully did God watch over each individual. The individuality of the divine love is a great part of the sweetness of it. God thinks of every separate child of His as much as if He had only that one. The multiplicity of His elect does not divide the loaf of His affection. He has an infinite affection for each one and He will take care of the details of each chosen life. He will see your omer filled, precisely to an ounce. He will give you all you can possibly require, but He will give you nothing that you can lay by to minister to your pride... He not only cares for each one, but cares for each one each day and each moment, tracking our footsteps, and meting out the full supply of the hour according as the peculiar necessity arises. "He is always thoughtful, always thoughtful of me," you may say of your Lord... Was not that a sweet lesson for the children of Israel to learn as they gathered their daily bread.*

—Charles H. Spurgeon

Israel is a redeemed people. They have a new identity. They are no longer slaves in Egypt. God has redeemed them by the blood of the lamb and delivered them through the waters of the Red Sea. Now God takes them through the wilderness to teach them to rely upon Him. They are out of Egypt; now God must take Egypt out of them.



## THE GRUMBLING OF THE ISRAELITES (16:1-12)

- Grumbling arises out of \_\_\_\_\_.
- Grumbling is highly \_\_\_\_\_.
- Grumbling seeks out \_\_\_\_\_.
- Grumbling depends upon selective \_\_\_\_\_.
- Grumbling is ultimately against \_\_\_\_\_.

*Wilderness testing is a necessary experience for a deeper revelation of God, stripping us of our confidence, comfort, and consolation, and bringing us to a fresh understanding of God's sovereignty and our own destitution.* —Art Katz

*The murmurer is his own martyr.* —George Swinnock (1627-73)

*Oh, that we could but convince men that a murmuring spirit is a greater evil than any affliction, whatever the affliction!* —Jeremiah Burroughs (1600-42)

*There are two things at which you should never grumble: 1) at things which you can change; and 2) at things which you cannot change. If you can change them, change them. And if you cannot change them—then leave them alone.* —John Colwell (1840-83)

*When we complain, the person we are ultimately finding fault with is God. We're telling Him, "You made a mistake. You shouldn't have allowed this to happen to me."* —Woodrow Kroll

## THE GRACE OF THE LORD (16:13-36)

- **Manna is a \_\_\_\_\_ provision.**

*"I have heard the grumbling of the Israelites. Tell them, 'At twilight you will eat meat, and in the morning you will be filled with bread.'" (16:12)*

- **Manna is a \_\_\_\_\_ provision.**

*So when the children of Israel saw it, they said to one another, "What is it?" For they did not know what it was. And Moses said to them, "This is the bread which the Lord has given you to eat. (16:15; cf. Ps. 78:25)*

- **Manna is a \_\_\_\_\_ provision.**

*So when they measured it by omers, he who gathered much had nothing left over, and he who gathered little had no lack. Every man had gathered according to each one's need. (16:18; cf. 2 Cor. 8:13-15)*

- **Manna is a \_\_\_\_\_ provision.**

*Morning by morning they gathered it, as much as each needed. (16:21)*

*Give us this day our daily bread. (Matthew 6:11)*

- **Manna is an \_\_\_\_\_ provision.**

*Then [Moses] said to them, "This is what the Lord has said: Tomorrow is a Sabbath rest, a holy Sabbath to the Lord." (16:23; cf. Deut. 8:3)*

- **Manna is a \_\_\_\_\_ provision.**

*The house of Israel called its name "manna." It was like coriander seed and was white, and it tasted like wafers with honey. (16:31)*

- **Manna is a \_\_\_\_\_ provision.**

*And the children of Israel ate manna forty years, until they came to an inhabited land; they ate manna until they came to the border of the land of Canaan. (16:35)*

**JESUS CHRIST IS THE TRUE MANNA FROM HEAVEN!**

(John 6:22-51)

**Manna.** Heb, *man hu*, "what is it?"

*In Egypt, God had "rained hail," but here he "rains bread." In Egypt, locusts "came up" and "covered" the ground, devouring all the produce, but now God provides meat for the people to eat in the form of quail that "comes up" and "covers" the ground. —Carmen Joy Imes*

*God didn't send them hell from heaven; He sent bread instead. Nor did He demand that they stop their complaining before they ate. God loved and fed those who acted like His enemies. —David Guzik*

**Omer.** Heb., *omer*, "a dry measure of 1/10 ephah," about 2.2 liters or about half a gallon.

*In the times of the wilderness, you have to turn the Word of God into food. You have to chew it. You have to digest it. You have to work it into your system. You have to taste it. In other words, you have to think. —Timothy Keller*

**Law.** Hebrew, *torah*, "teaching, instruction, guidance."

*Describing the manna "like wafers made with honey" was tantamount to saying that it was "the most delicious food imaginable." —Douglas K. Stuart*

*It tastes like honey which is one of the elements that make the Promised Land so attractive (3:8, 17; 13:5). Hence, manna seems to be a foretaste (literally) of the blessings of Canaan. —Peter Enns*

*The manna was to be continually sought. So must your spiritual food. Do not try to live on last year's manna. Stale experiences are poor food. —Charles H. Spurgeon*